

Walk Wag and Run

Age Group Results

May 16, 2015

Results by: Michigan Running Foundation

5k Run/Walk

Female Overall Winners

Place	Name	Bib No	Age	Overall	Total Time	Pace
1	Shelly Cook	626	40	6	23:18.2	7:31/M

Male Overall Winners

Place	Name	Bib No	Age	Overall	Total Time	Pace
1	Kyle Ramthun	754	26	1	18:18.8	5:54/M

Female 13 and Under

Place	Name	Bib No	Age	Overall	Total Time	Pace
1	Olivia Najarian	800	13	52	30:03.6	9:42/M
2	Myra Davis	802	12	55	30:17.6	9:46/M
3	Katie Moore	805	12	62	30:54.4	9:58/M
4	Lily Chamberlain	808	9	90	34:03.6	10:59/M
5	Paige Ducharme	824	12	93	34:16.6	11:03/M
6	Hannah Cyrbok	804	12	126	37:03.0	11:57/M
7	Jenna Wippler	810	8	149	39:57.8	12:53/M
8	Isabelle Najarian	811	7	166	46:54.4	15:08/M

Male 13 and Under

Place	Name	Bib No	Age	Overall	Total Time	Pace
1	Evan Chamberlain	832	12	9	23:34.1	7:36/M
2	Maxwell Najarian	809	9	17	25:41.0	8:17/M
3	James Dodd	841	12	53	30:13.6	9:45/M
4	Vance Shaw	813	7	139	38:49.8	12:31/M

5	Nathan Avery	820	10	151	41:38.2	13:26/M
6	Cole Stec	806	11	184	57:48.5	18:39/M
7	Chance Stec	807	10	185	57:49.8	18:39/M

Female 14 to 18

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Anna Romeri	798	14	21	26:48.9	8:39/M
2	Emily Diehl	789	17	25	27:34.5	8:54/M
3	Rachel Drogs	795	15	31	28:18.8	9:08/M
4	Anna Scott	843	14	44	29:25.6	9:29/M
5	Shannon Leary	791	17	58	30:45.8	9:55/M
6	Kelly Leary	790	17	61	30:51.2	9:57/M
7	Olivia Catherman	793	16	76	31:55.9	10:18/M
8	Victoria Smerdon	796	14	168	52:23.4	16:54/M
9	Caroline Smerdon	794	16	169	52:24.2	16:54/M
10	Megan Seames	792	17	172	53:41.3	17:19/M

Male 14 to 18

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Andrew Dodd	842	14	54	30:13.8	9:45/M
2	Jack Fawcett	797	14	160	44:37.7	14:24/M

Female 19 to 29

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Shelbi Post	771	23	7	23:26.3	7:34/M
2	Kristy Charles	829	28	8	23:29.2	7:35/M
3	Angie Zill	751	26	24	27:31.0	8:53/M
4	Rachel Cable	709	29	33	28:38.7	9:14/M
5	Maryellen Hunt	740	27	34	28:42.4	9:15/M
6	Li Chen	716	28	35	28:48.6	9:17/M
7	Stephanie Chen	770	23	37	28:55.5	9:20/M
8	Laurin Tuxbury-Elliott	765	25	48	29:38.1	9:34/M
9	Abigail Polando	780	22	50	29:58.5	9:40/M
10	Kathryn Gregg	718	28	63	30:58.5	9:59/M
11	Rochelle Rippee	840	28	68	31:08.6	10:03/M
12	Michelle Svetkoff	747	26	70	31:18.6	10:06/M
13	Heather Zsoter	733	27	72	31:21.2	10:07/M

14	Caitlyn Rize	775	23	74	31:23.7	10:07/M
15	Natalie Zink	784	20	80	32:28.5	10:28/M
16	Ashley Deford	753	26	86	33:29.1	10:48/M
17	Stephanie Che	774	23	87	33:32.4	10:49/M
18	Adalene Chabon	768	24	88	33:32.6	10:49/M
19	Renee Lilyhorn	727	27	89	33:36.7	10:50/M
20	Kimberly Zavicar	744	26	98	34:26.2	11:06/M
21	Anna Schaefferkoetter	705	29	100	34:37.5	11:10/M
22	Jessica Darga	723	28	103	34:48.3	11:14/M
23	Jenny Gordon	737	27	110	35:35.1	11:29/M
24	Madison Brewer	783	21	112	35:45.0	11:32/M
25	Alexandra Sitarik	761	25	116	35:54.5	11:35/M
26	Andie Haugen	837	22	117	36:12.5	11:41/M
27	Casey Barnhart	735	27	118	36:12.7	11:41/M
28	Amber Elsom	706	29	120	36:29.4	11:46/M
29	Stephanie Norton	721	28	123	36:36.9	11:48/M
30	Cassie Klocek	786	19	129	37:21.5	12:03/M
31	Rachel Trapani	708	29	132	38:00.0	12:15/M
32	Alyssa Beesley	750	26	143	39:40.3	12:48/M
33	Amelia Yunker	715	28	152	41:39.3	13:26/M
34	Kathryn Cunningham	712	28	162	45:45.7	14:45/M
35	Gina Ambrogio	778	22	165	46:20.7	14:57/M
36	Sara Kucharski	734	27	170	53:13.6	17:10/M
37	Sarah Kairis	714	28	171	53:18.4	17:12/M
38	Kassandra Semrau	752	26	178	55:39.3	17:57/M
39	Jamie Purdue	758	26	180	55:41.7	17:58/M
40	Megan Matz	822	26	181	55:41.7	17:58/M
41	Ashley Miller	745	26	182	56:25.3	18:12/M
42	Jenna Obsniuk	703	29	183	57:35.7	18:35/M
43	Rerecca Grace	845	29	188	58:33.5	18:53/M
44	Niki Vanbelle	767	24	190	1:04:05.9	20:40/M

Male 19 to 29

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Logan Astrike	742	26	11	25:02.7	8:05/M
2	Mike Debrosse	763	25	19	25:57.1	8:22/M
3	Ryan Parker	746	26	27	27:59.4	9:02/M
4	John Poulos	766	25	28	28:01.5	9:02/M

5	David Hauser	702	29	38	28:58.1	9:21/M
6	Evan Kohler	738	27	57	30:24.5	9:48/M
7	Alexander Paradis	762	25	67	31:04.2	10:01/M
8	Eric Beaudin	728	27	97	34:25.8	11:06/M
9	Branden Post	757	26	101	34:43.0	11:12/M
10	Andrew Wolking	719	28	104	34:48.6	11:14/M
11	Alexander Montgomery	724	28	114	35:49.5	11:33/M
12	Gabe Savage	729	27	115	35:54.2	11:35/M
13	Bogdan Yavorenko	707	29	142	39:40.2	12:48/M
14	Tom Cunningham	722	28	163	45:46.5	14:46/M
15	Kyle Weust	776	23	164	46:09.6	14:53/M
16	James Stack	756	26	179	55:41.1	17:58/M

Female 30 to 39

Place	Name	Bib No	Age	Overall	Total Time	Pace
1	Christina Hiipakka	640	37	16	25:36.2	8:15/M
2	Melissa Francis	633	38	29	28:14.4	9:06/M
3	Dawn Keech	635	38	30	28:16.2	9:07/M
4	Jessica Bennett	689	30	36	28:51.7	9:18/M
5	Erin Behrmann	690	30	39	29:07.6	9:24/M
6	Amanda Erickson	670	34	42	29:13.6	9:25/M
7	Yuri Ikeda	634	38	49	29:54.6	9:39/M
8	Bethany Hansen	676	32	59	30:48.8	9:56/M
9	Erin Sedmak	656	35	60	30:49.9	9:56/M
10	Sylwia Poplanska	835	30	65	31:03.0	10:01/M
11	Kristin Schroeder	637	37	75	31:29.8	10:09/M
12	Rebecca Filbey	830	39	79	32:21.9	10:26/M
13	Astrid Haakonstad	630	39	81	33:02.7	10:39/M
14	Erin Cook	665	34	83	33:20.3	10:45/M
15	Jenna Allen	681	32	85	33:28.3	10:48/M
16	Holly Jossman	839	31	106	34:54.8	11:15/M
17	Kelly Sparks	664	35	107	35:10.0	11:21/M
18	Sarah Anderson	661	35	128	37:16.5	12:01/M
19	Emily Woodcock	654	36	130	37:39.4	12:09/M
20	Theresa Keeley	678	32	131	37:41.4	12:09/M
21	Christina Bledsoe	657	35	135	38:19.2	12:22/M
22	Jessica Stickney	683	32	137	38:37.5	12:27/M
23	Abigail Smith	697	30	141	39:34.8	12:46/M

24	Julie Rotter	698	30	144	39:42.8	12:48/M
25	Megan Hathaway	674	33	146	39:43.2	12:49/M
26	Kristina Wippler	642	37	148	39:57.8	12:53/M
27	Michelle Meincke	638	37	150	40:30.1	13:04/M
28	Chris Pustulka	653	36	158	44:33.1	14:22/M
29	Robin Maley	666	34	174	54:04.8	17:26/M
30	Grace Wu	844	35	176	54:21.2	17:32/M
31	Dawn Buchanan	826	33	177	54:31.3	17:35/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Joe Styrna	628	39	2	18:25.3	5:56/M
2	Nikolas Thompson	655	36	3	22:09.4	7:09/M
3	Kevin Pipe	838	38	4	22:33.2	7:16/M
4	Bryan Milano	686	31	5	23:14.9	7:30/M
5	Keith Amidei	648	36	12	25:15.5	8:09/M
6	Ryan Rotter	688	30	20	26:36.4	8:35/M
7	Eric Stokan	677	32	51	29:58.9	9:40/M
8	Mike Lambert	836	31	66	31:03.3	10:01/M
9	Adam Stinchcombe	696	30	69	31:12.7	10:04/M
10	Will Stetler	673	33	84	33:20.5	10:45/M
11	Tim Johnson	643	37	92	34:13.8	11:02/M
12	Matthew Baisden	636	37	99	34:36.1	11:10/M
13	Andrew Erickson	662	35	105	34:51.9	11:15/M
14	Richard Elsom	695	30	121	36:29.5	11:46/M
15	Steve Shaw	812	34	138	38:49.6	12:31/M
16	Brad Bachelor	641	37	145	39:43.0	12:49/M
17	Bob Caldwell	669	34	173	54:03.7	17:26/M
18	Nickolay Khazanov	680	32	175	54:20.1	17:32/M
19	Eric Stec	663	35	186	57:49.8	18:39/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Charlotte Dodd	610	43	13	25:21.4	8:11/M
2	Valerie Stolberg	621	41	22	27:03.3	8:44/M
3	Laura Boudette	595	48	26	27:40.6	8:55/M
4	Kelten Kint	612	43	43	29:22.1	9:28/M

5	Stacy Klupacs	597	47	91	34:10.9	11:01/M
6	Heidi Hertling	825	46	94	34:23.2	11:05/M
7	Christine Cabrera	611	43	95	34:24.9	11:06/M
8	Amy Chamberlain	831	42	102	34:46.7	11:13/M
9	Brenda Brest	592	49	108	35:32.3	11:28/M
10	Maureen Grady	602	46	111	35:36.6	11:29/M
11	Beth Lafeve	593	48	122	36:36.7	11:48/M
12	Janelle Morris	605	45	125	36:56.0	11:55/M
13	Erin Elly	619	41	136	38:36.6	12:27/M
14	Marcia Johnson	618	41	140	38:56.2	12:34/M
15	Anne Fischer	594	48	153	42:03.7	13:34/M
16	Stacey Drogs	603	46	154	42:37.8	13:45/M
17	Laura Fawcett	616	42	161	45:11.0	14:35/M
18	Lin Haughton	614	42	167	51:58.6	16:46/M
19	Lyn De Groot	622	41	193	1:05:01.5	20:58/M
20	Deniece Hummel	623	41	194	1:05:31.3	21:08/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Tony Winkler	598	47	14	25:25.0	8:12/M
2	Christopher Johnson	613	42	15	25:32.4	8:14/M
3	Derek Najarian	606	44	23	27:08.3	8:45/M
4	Mike Davis	604	46	56	30:18.3	9:46/M
5	Mike Case	607	44	73	31:21.6	10:07/M
6	Sam Avery	821	45	96	34:25.5	11:06/M
7	Frank Tistle	590	49	119	36:24.2	11:45/M
8	William De Groot	615	42	192	1:05:00.6	20:58/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kenine Comstock	576	53	18	25:43.7	8:18/M
2	Wanda Gunderson	816	56	40	29:10.1	9:25/M
3	Tamara Rummel	834	51	45	29:28.0	9:30/M
4	Ann Scott	589	50	46	29:29.3	9:31/M
5	Amy Diehl	575	53	47	29:33.5	9:32/M
6	Mary Greener	580	51	64	31:02.0	10:01/M
7	Ronda Barnes	574	53	71	31:20.3	10:06/M

8	Vilma Mesa	583	51	77	32:18.2	10:25/M
9	Michela Forest	585	50	82	33:18.5	10:45/M
10	Jamie Slagle	568	55	109	35:33.8	11:28/M
11	Bridget Seames	571	54	124	36:43.5	11:51/M
12	Sarah Otto	584	51	127	37:03.9	11:57/M
13	Sandy Reeber	563	58	133	38:01.8	12:16/M
14	Kati Merriman	564	58	134	38:04.9	12:17/M
15	Judith Burkholder	573	54	147	39:54.0	12:52/M
16	Vicki Tobler	572	54	155	43:32.9	14:03/M
17	Anne Williamson	581	51	159	44:33.7	14:22/M
18	Elizabeth Grace	846	50	187	58:00.6	18:43/M
19	Viviane Shammass	566	57	191	1:05:00.1	20:58/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jeff Walters	570	55	10	23:35.2	7:36/M
2	Christopher Gillyard	588	50	32	28:31.1	9:12/M
3	Daniel McCabe	577	53	113	35:47.5	11:33/M

Female 60 and over

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Marcia Wilkinson	559	61	41	29:12.2	9:25/M
2	Beth Colaner-Kenney	556	75	189	1:03:19.8	20:25/M

Female no age provided

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Eva Weissman	818	99	78	32:21.3	10:26/M
2	Becky Orrison	828	99	156	44:00.3	14:12/M
3	Michelle Forbes	827	99	157	44:00.3	14:12/M